



Policy: Lifetime Weight History and Significant Life Events History

Bariatric-04

Purpose: To obtain history regarding weight gain and significant life events

Policy: The *Lifetime Weight History* and *Significant Life Events History* will be used to obtain important information about the individual's history and struggles with weight and to understand what types of trauma or critical experiences the individual has had during his/her life.

Procedure:

1. The Social Worker or Social Services designee will complete the *Lifetime Weight History* and *Significant Life Events History*.
 - a. "*Weight History*" by documenting the weight in pounds reported by the person in the corresponding space for age.
 - b. "*Event History*" by documenting life events reported by the person in the corresponding space for age.
2. Use the information to understand patterns of stress and motivation for weight loss and gain.
3. Sign, date, and place in the Social Services section of the resident's medical record.