

# BARIATRIC PROGRAM FORM

Generations' Bariatric Program strives to maximize the individual's level of function, improve the resident's ability to make healthy lifestyle choices and to facilitate weight loss, whether being discharged to a safe environment with appropriate follow-up support services or remaining in the facility long-term.

The Bariatric Program is coordinated by a multi-disciplinary team consisting of:

1. Professional Nursing Services
2. Dietary Services
3. Physician Services
4. Psychological Services
5. Rehabilitation Services
6. Therapeutic Recreational Services
7. Social Services

As a bariatric resident, you may choose to be an active participant in the Bariatric Program or a non-participant.

The active participant will:

1. Follow diet ordered by the physician under the supervision of the dietitian.
2. Maintain all the same rights as other residents.
3. Participate in psychological services that promote self-esteem.
4. Participate in rehabilitation services as indicated to improve overall function.

The non-participant may:

1. Refuse diet or dietary restrictions recommended by the Bariatric Team.
2. Refuse psychological services.
3. Refuse medical treatment.

**Note:** Possible consequences of not participating may include: CHF, Insulin-Resistant Diabetes, Skin Breakdown, Cellulitis, and Sleep Apnea.

I have had sufficient opportunity to discuss my condition with a facility representative and/or physician. All of my questions regarding the Bariatric Program have been answered to my satisfaction. I believe that I have adequate knowledge upon which to make an informed decision regarding the proposed care and treatment. It is my express desire to:

- ( ) Be an active participant in the Bariatric Program and agree to follow the Bariatric Program guidelines, as described above.
- ( ) Not participate in the Bariatric Program

\_\_\_\_\_  
Resident

\_\_\_\_\_  
Date

\_\_\_\_\_  
Witness

\_\_\_\_\_  
Date