



Purpose: To ensure psychological support for the bariatric resident

Policy: All residents are interviewed by Social Services and screened for depression and/or psychological services.

Procedure:

Pre- and Post-Operative

1. All residents are interviewed by Social Services and screened for depression.
2. Findings of the interview are shared with Behavioral Health to assist in assessing the individual's psychological needs.
3. The facility will consult with Behavioral Health to develop a treatment plan. A psychological support treatment plan includes, but is not limited to:
 - a. Individual psychotherapy
 - b. Group therapy
 - c. Behavior management integrated into the individualized plan of care
 - d. Resident support group

Non-Surgical

1. All residents will be interviewed by Social Services to identify specific resident concerns that could indicate the need for psychological intervention, including screening for depression using the Burns Depression Checklist.
2. If indicated, a referral to Psychological Services is made with the permission of the resident.
3. Services that may be offered to the resident include those offered to pre-and post-operative residents.
 - a. Individual psychotherapy
 - b. Group therapy
 - c. Behavior modification integrated into the individualized plan of care
 - d. Resident support group

4. Social service completes the bariatric psychosocial history by including:
 - a. History of family obesity
 - b. Overweight in childhood and efforts to control it
 - c. Effect of weight on life situation
 - d. Weight control efforts
 - e. Concerns
 - f. Goals for facility stay
5. Sign, date, and place in “Social Service” section of the resident’s medical record.
6. Implement interventions and approaches to address challenging behavior and achieve goals.